



To Whom It May Concern:

We would like to thank you for your continued support of Elizabethton City Schools and the athletic program. The COVID-19 pandemic has forced all of us to look at athletics and our school sports in a very different manner. We appreciate parents and athletes for being patient as we try to coordinate each sport and determine the best procedures for keeping our athletes safe.

The Elizabethton Board of Education and Director of Schools have determined that student athletes and coaches may begin school sports practices on Monday, June 1, 2020. In response to COVID-19 and in order to maintain consistency with CDC and governmental guidelines for preparation to return to sports activities, Elizabethton City Schools Athletics Departments will implement the following guidelines for summer workouts and practices. These guidelines are intended for any and all activities while on property, including indoor and outdoor gatherings. These guidelines include, but are not limited to:

i. RECORD KEEPING

- Daily attendance and daily symptom assessments for students and instructors will be maintained on a standard form.
- Records will be kept according to activity group.
- Instructors will turn in an activity plan to the school-appointed director for approval.
- The instructor of each group will confirm the execution of protocols for that group through a weekly form that is to be turned in to the school-appointed director.

ii. STUDENT/INSTRUCTOR MANAGEMENT

- Only school personnel, instructors, and students will be allowed in facilities – no spectators
- Students and school personnel will practice hand washing and proper sanitizing guidelines.
- If a player exhibits a temperature over 100.4 or any other COVID-19 symptoms, he/she will be sent home.
- When dropping off your athlete do not leave until he/she has passed the temperature check. A table outside of each facility will be provided for player check-in.
- Each activity group will consist of a maximum of 10 people.
- In most cases this will be 9 students and 1 instructor.
- Members of the activity group will remain the same each day (excluding instructors) to aid in contact tracing if necessary.
- Social distancing of at least 6 feet will be maintained at all times.
- No physical contact of any kind among activity participants.

- Activity times could be staggered as needed to prevent mixing of groups before and after activities.
- Students must arrive to activities dressed – no changing facilities will be provided.

iii. FACILITY MANAGEMENT

- Only school personnel, instructors, and students will be allowed in facilities – no spectators.
- Activity groups will be separated with sufficient buffer zones between groups if in the same areas.
- No locker rooms will be available.
- Activity groups should be assigned specific parking areas if possible.
- Parking lots will be monitored to ensure no gathering of students.
- A restroom plan will be in place limiting the number of students in the restroom at one time.
- Students and school personnel must wash hands before returning to activity, from the restroom.
- Indoor facilities that have been used will be cleaned and sanitized between group sessions.

iv. EQUIPMENT MANAGEMENT

- Students will not share un-sanitized equipment.
- School equipment will be sanitized before use by different athletes.
- Students will only use equipment that can be used safely without aid (spotter).
- Students will bring their own water bottles or will obtain a disposable bottle of water from their instructor.
- Water bottles left after activities will be disposed of.

v. FLEXIBILITY

- Athletic directors, school personnel, and health officials will continue to meet, plan, and discuss future changes to the current plan as conditions dictate.

As always, we want to assure you that your student's health is our top priority, and we will continue to monitor the environment and recommendations from the CDC as we move into the next few months.

Sincerely,

Forrest Holt
Athletic Director
Elizabethton High School



COVID-19 DISCLAIMER

Due to the COVID-19 pandemic, Elizabethton City Schools has been exploring different reasonable ways to provide services to all students. Elizabethton City Schools has worked with state and local agencies, including our local health department, to draft and implement guidelines moving forward regarding cleaning, screening, social distancing, etc. Though Elizabethton City Schools and its agents will work hard to implement and abide by those guidelines, neither the guidelines themselves nor even guidance from the Centers for Disease Control and Prevention (“CDC”) would allow Elizabethton City Schools to guarantee an environment that is entirely free of COVID-19 related risks.

By allowing your child to return to campus, however, you acknowledge and understand that your child’s attendance will require him/her to physically interact with Elizabethton City Schools’ staff members, other students, and even volunteers. As such, despite reasonable mitigation efforts on behalf of Elizabethton City Schools, physical interaction with the public at large may pose some unavoidable risks to you, your child, and your family due to the COVID-19 pandemic. With that, you further acknowledge and agree to the following:

1. **Waiver and Release.** You hereby forever discharge and hold harmless, Elizabethton City Schools and its agents from any and all liability, claims and demands of whatever kind or nature, either in law or in equity, which arise from your child’s return to campus and/or participation in activities associated with the Elizabethton City Schools. You understand that this release discharges the School District from any liability or claim that you may have against the School District with respect to any bodily injury, personal injury, illness, or other issue that may result from your child’s return and/or participation, whether caused by the negligence of the School District or its officers, directors, employees, or other agents, or by the negligence of others, or by the condition of the facilities or areas where School District activities are being conducted.
2. **Assumption of Risk.** You further understand that your child’s return and/or participation may expose him/her and others to unavoidable COVID-19 community spread. As such, you hereby expressly and specifically assume the risk of injury or other harm, and also expressly release the School District from all liability for injury, illness, or other issue resulting from or in any way related to your child’s return or participation.
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. I willingly agree to comply with the instruction of Elizabethton City Schools’ personnel and proper guidelines. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.

BY EXECUTING BELOW, YOU ACKNOWLEDGE HAVING READ AND UNDERSTOOD ALL OF THE ABOVE-TERMS AND CONDITIONS.

Your Child’s Printed Full Name

Your Printed Full Name

Your Signature

Date of Signing